

ੴ ਸਤਿਗੁਰ ਪ੍ਰਸਾਦਿ



Sri Hemkunt Foundation Inc.

107 Lipton Lane, Williston Park NY 11596; (516) 782-3257

36th INTERNATIONAL SYMPOSIUM 2025

Specific Guidelines

Group	Age	Presentation Time	Contents	Presentation
III	12-14 yr.	6:30 minutes	60	40
Book: Sikhism – An Introduction			Author: Nikky-Gurinder Singh	

	Question
1	ਇੱਕ ਓਅੰਕਾਰ ਦੀ ਵਿਆਖਿਆ ਕਰਦੇ ਇਸ ਨੂੰ ਆਪਣੇ ਸ਼ਬਦਾਂ ਵਿੱਚ ਸਮਝਾਓ ।
2	ਗੁਰੂ ਅਰਜਨ ਸਾਹਿਬ ਜੀ ਦੁਆਰਾ ਆਦਿ ਗ੍ਰੰਥ ਦੀ ਉਤਪਤੀ ਭਾਵ ਬਾਣੀ ਨੂੰ ਇਕੱਤਰ ਕਰਨ ਅਤੇ ਸੰਕਲਨ/ਸੰਪਾਦਨਾ ਦਾ ਵਰਣਨ ਕਰੋ।
3	ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ ਨੇ ੧੬੯੯ ਦੀ ਵਿਸਾਖੀ ਵੇਲੇ ਖਾਲਸੇ ਦੀ ਸਿਰਜਣਾ ਕਿਉਂ ਕੀਤੀ?
4	ਸਿੱਖ ਨੈਤਿਕਤਾ ਵਿੱਚ ਗੁਣ ਅਤੇ ਅਮਲਾਂ/ਅਚਾਰ-ਵਿਹਾਰ(ਸਦਾਚਾਰ) ਦਾ ਵਰਣਨ ਕਰੋ।
5	ਗੁਰਮਤਿ ਅਨੁਸਾਰ ਨਾਰੀਵਾਦ ਨੂੰ ਧਾਰਮਿਕ, ਮਨੋਵਿਗਿਆਨਕ ਅਤੇ ਸਮਾਜਿਕ ਪੱਖ ਤੋਂ ਸਮਝਾਓ।
1	Explain your understanding of <i>Ek On Kar</i> .
2	Describe the origins and compilation of the <i>Adi Granth</i> by <i>Guru Arjan Sahib Ji</i> .
3	Why did <i>Guru Gobind Singh Ji</i> form the <i>Khalsa</i> during the <i>Vaisakhi</i> of 1699?
4	Describe the Sikh ethics on orthopraxy and virtues.
5	Explain the <i>Gurmat</i> view on feminism from a theological, psychological, and social perspective.



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General Guidelines

1. The questions should be answered during a single presentation.
 - If presenting as a speech, use clear transitions from one question to the other.
 - One may choose to state the question before answering it.
 - One may state the question number before answering it.
2. At the beginning of the presentation, participants should clearly state the order in which one intends to answer the questions.
3. Participants may present information from a source other than the prescribed book. The source should be clearly identified.
4. If a participant disagrees with the author, one should clearly explain the reason and quote the reference.
5. Effective and persuasive presentation should be focused and well narrated before the audience. Items like style, delivery, poise, eye contact, voice, diction, and language are effective tools for good presentation.
6. The use of Punjabi language is encouraged. Participants may use Punjabi as a medium of presentation. The participants are judged irrespective of the language used (Punjabi/English). However, Punjabi-speaking participants will receive an additional prize at center level, zonal level and at the international level.